

PE Long term plan- KS1 A					
Fundamental movement skills					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Running/Jumping	Kicking	Throwing	Jumping (can be taught through dance)	Striking	Catching
Multi-sports/ Games	Football	Athletics	Gymnastics	Mini Tennis	Athletics

PE Long term plan- KS1 B					
Fundamental movement skills					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Running	Catching	Throwing	Jumping (can be taught through dance)	Striking	Bouncing
Multi-sports/ Games	Netball	Dodgeball	Dance	Rounders	Athletics

PE Long term plan- KS2 Lower A

Develop a broad range of skills, linking to actions and sequences of movement

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Kicking	Bouncing	Jumping	Running	Catching	Throwing
Football	Basketball	Gymnastics	OAA	Dance	Athletics

PE Long term plan- KS2 Lower B

Develop a broad range of skills, linking to actions and sequences of movement

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Striking	Throwing	Jumping	Catching	Striking	Running
Hockey	Netball	Cricket	Volleyball	Tennis	Athletics

PE Long term plan- KS2 Upper B

Develop a broad range of skills, linking to actions and sequences of movement

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Throwing	Catching	Jumping	Running	Striking	Throwing
Tag rugby	Handball	Gymnastics	OAA	Rounders	Athletics

PE Long term plan- KS2 Upper A

Develop a broad range of skills, linking to actions and sequences of movement

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Kicking/Striking	Throwing/ Catching	Jumping	Catching	Striking	Running
Football/Hockey	Tag Rugby, Netball, Basketball	Gymnastics	Dodgeball	Dance	Athletics