Lancashire Mind's

Children and Young People (CYP) Services

Free Services and Resources

- Happier Lancashire (outlined in Lancashire Mind Service Booklet attached)
- Y6 COVID-19 Transition Teacher Pack with video links. Any questions or queries, contact hannahgorman@lancashiremind.org.uk
- CYP Coaching Offer - 1:1 virtual coaching for 10-18-year olds in Lancashire under our Children in Need Project (Poster Attached) – please email our Wellbeing Coach, Mabel Mutopo for a referral form or enquiries: mabelmutopo@lancashiremind.org.uk
- COVID Workbook (Attachment) – suitable for upper KS2, KS3/KS4 - any queries contact hannahgorman@lancashiremind.org.uk or hollymannion@lancashiremind.org.uk
- Our free virtual training offer for staff – see attached document
- Our website has free support/resources - https://www.lancashiremind.org.uk/pages/154-support-for-children-young-people

Paid-for Services

- Bounce Forward (outlined in Lancashire Mind Service Booklet attached) contact hannahgorman@lancashiremind.org.uk
- Wellbeing Challenge (as above) please contact hollymannion@lancashiremind.org.uk
- Paid-for Adult Wellbeing Coaching – please email Bryony Littler, our Wellbeing Coach Lead: bryonylittler@lancashiremind.org.uk

Staff

Hannah Gorman – Children and Young People's Lead – hannahgorman@lancashiremind.org.uk

Holly Mannion – Community Development Lead – hollymannion@lancashiremind.org.uk

Bryony Littler – Wellbeing Coach Lead – bryonylittler@lancashiremind.org.uk

Mabel Mutopo – Wellbeing Coach – mabelmutopo@lancashiremind.org.uk

Enquiries/Admin – admin@lancashiremind.org.uk